## Specification Amendments

Amend the paragraph starting at line 9 on page 1 as follows:

## 2. Description of the Related Art

Conventional athletic shoes such as running or jogging shoes use various arrangements for controlling pronation during the gait cycle. Pronation is the inward roll from toward the medial side of a shoe following heel contact with a running surface.. This in turn causes the foot shod with the shoe to roll inwardly. Over-pronation is undesirable and can lead to various foot problems, such as inflammation, swelling and pain in the knee, a condition commonly known as "runners knee".

Amend the paragraph starting at line 13 on page 2 as follows:

Other objects and advantages are provision of a cushioned midsole without adding excess weight, spreading cleat pressure without inhibiting sole flexion, and balancing the need for traction and cushion in a sole without adding excess thickness.

Amend the paragraph starting at line 16 on page 3 as follows:

Combination upper and midsole subassembly 12 of Fig. is comprised of a midsole 44 on which the walls of an upper 46 are carried. The upper can be formed integral with the midsole, or it can be a separate part that <u>is</u> secured as by an adhesive or a suitable bonding process with the midsole. The perimeter of the midsole is formed with the same number of recessed seats 48-50 as there are frame depressions 26-40.